



Reveal YOUR INNER Goddess Theme CONNECTION and Reveal Script

“CONNECTION to your Spiritual Guidance and Irish Goddess

Close your eyes and drop down into your heart of hearts to see/hear/sense any spiritual helpers you may have. These may be your Guardian Angel, your Granny who has passed away, a beloved pet or indeed a Power Animal/Spirit Guide if you already are aware of this type of assistance. Invite them to connect with you. This may be simply by being aware of them or they may do/say/gift you a heat or coolness so that you know contact has been made. Ask if they have any additional advice or message as you prepare to Reveal Your Inner Goddess. Nod your head when this has happened.

Now invite the Irish Goddess on the card to connect with you. See what she looks/sounds/feels like to you especially in relation to the attribute on the card as you prepare to Reveal Your Inner Goddess. Ask if she has any additional advice or messages. Again nod your head when you have done this. Thank all and silently count from 1 to 10 and open your eyes followed by a grounding stretch. Well done.”



Copyright @moonmna 2009