



CREATING YOUR SACRED CENTREPIECE

MOON MNÁ LUNAR KIT

Once you decide where to perform your Self Ceremony, you can craft a special Centrepiece to designate this a place of sacred intent. A good idea is to use a piece of cloth which may be a small mat, patterned material, large scarf or something you have made/sown yourself. This will provide a central focus for your Ceremony and creates a warm and welcoming visual element, so we recommend that whatever you choose brings you comfort and is pleasing to you.

You may also wish to include visual representations of the Divine Feminine for example images/statuettes/Goddess cards etc. as well.

Finally, it is a lovely touch to forage for examples of the 4 elements to designate the cardinal directions such as:

A stone/s for the North and the element of Earth

A feather for the East and the element of Air

A small tealight (please do be careful) for the South and the element of Fire

A small bowl/bottle of water and the element of Water.

These are just examples of what you can use to represent each direction, however you may have your own personal idea of how each element will be represented. You even may already have these items already or just let your imagination

You may like to buy or sew a dedicated Moon Mná Lunar Kit Bag (a Moon Mná bag for this purpose will be available on the website shortly) to keep your Self Ceremony Centrepiece treasures safe for use each month.

