



## Reveal Your Inner Goddess Card Attributes

**1**

**Brigid**

**Protection**

Irish Goddess and Matron Saint, Brigid is celebrated on February 1st, the Celtic Festival of Imbolg. She is the bringer of Springtime, a legendary healer facilitating new life and creativity. Brigid safeguards midwives and babies and her iconic equilateral reed Cross is placed in homes as a protection from harm.

As the archetypal embodiment of a woman looking after what is precious, Brigid inspires you to foster your own nurturing skills. She is a strong role model in how to defend what is yours through her mythic stories of pursuing her vocation and safeguarding her Abbey in Kildare.

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**2**

**Aisling**

**Vision**

Aisling is an ethereal Celtic Goddess of Na Sídhé – the Faeriefolk. In legend, she was glimpsed by warrior Bran who heard her magical silver branch of nine bells. She dared to reveal herself to a human envisioning an idyllic future against all the odds. Bran followed her to Tir na nÓg, Land of the Ever Young for a happy life together.

As her name means 'vision', Aisling gifts you the ability to see a way through any difficulties and obstacles you face. Her archetypal energy supports you to foster perceptive insight for your life purpose. You too can 'see' a future that fulfils your wildest dreams.

### **3**

## **GRÁINNE**

### **Youthfulness**

Celtic Goddess Gráinne is associated with the Maiden - the time of change from girl to young woman. She hatched a cunning plan to escape marriage to the legendary warrior Fionn MacCumhaill then an old man. Her girlish vigour gave her the impetus to conspire an elopement with the young hero Diarmuid.

When you need a way forward no matter the obstacles in place, Gráinne will guide you. With her can-do attitude, you can literally move mountains if you need to. She also offers you an opportunity to hold onto your vitality whatever your current age – the secret of ageless.

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### **4**

## **The Morrigan**

### **Renewal**

The Morrigan has been feared as a Death Goddess yet she offers release and spaciousness to be renewed to plenty and abundance. Known as the Crow Goddess, with her sisters Badb and Macha, she forms a powerful triskel of sisterhood.

If you need to release long standing patterns of behaviour and create space for new habits to grow, the Morrigan will be your guide. She teaches you that birth, death and significantly rebirth are all part of an eternal cycle and you can flow effortlessly through life with intent. Her domain is the Underworld – a place to retrieve power and potential.

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## 5

## DANU

### NURTURE

For our Ancestors in Ireland, Goddess Danu was the personification of Mother Earth. Lugh, the Sun God, lovingly mated with her in a sacred glorious harmony of Heaven and Earth. The fruit of their union was life in the form of food, growth and balance. She tended all her creatures carefully to ensure they would survive and thrive.

Mother Earth Danu gifts you all you need to know about being a good enough mother. She teaches you how to embrace your mother aspect be it that of babies and children, projects or dreams. Her generosity and abundance inspire you to offer these to others and yourself.

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## 6

## ÉRIU

### SOVEREIGNTY

Ériu is the Celtic Goddess who gifts her name to the island of Ireland, held supportively by her two sisters Banba and Fódla. When the Milesians arrived to invade Ireland, with long term vision, knowing war was futile, she faced this difficult challenge and welcomed them to keep the peace and integrate with her tribe.

When you are confronted with problems, remember Ériu's way of looking to the future. You will find a way through valiantly, with her ability to tap into deep inner wisdom and sovereign power. This sacred land of Ireland holds vast ancient wisdom which Ériu offers you willingly.

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## 7

### Airmid

#### Healing

Goddess of Healing Arts Airmid's (Arr-Met) father Diancecht, the God of Medicine, killed her beloved brother Miach. Miraculously 365 herbs sprang up over his body at specific points so he could be healed. Angrily their father scattered the plants but in a selfless act of forgiveness, as Miach died, Airmid became the guardian of the medicinal powers of the indigenous herbs of Ireland.

When you need healing, Airmid invites you to listen to your innate sense of what to do. This may be to learn more about therapeutic remedies or sit quietly in your garden/park and bask in the freshness of the Earth's restorative powers.

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## 8

### Áine

#### Abundance

Celtic Sun Goddess Áine is one of the Tuatha Dé Danann who took to the Faerie hills when the Milesians invaded Ireland. She brings the Summer Sun to ripen the crops for harvest time. Her Sacred Site Knockainey, reflects this with its sickle shape near Lough Gur lake and Stone Circle in Limerick.

When you need to recognise your talents and skills, Áine reminds you of the abundance of your abilities. She teaches that you reap what you sow and the importance of forward planning to nurture that which you wish to grow in your life. All while fostering a sunny disposition and a cheery nature.

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## 9

### **Síle na Gig** **Sacred Sexuality**

Síle na Gig is a unique stone carving of a naked woman pulling her labia open to display her vulva, carved onto many sacred sites and the churches built over them. Found in Ireland and other Celtic Islands, her name means Faerie Woman as translated from the Gaelic 'Síle' (Na Sídh are the Faeriekind). 'Na Gig' translates as Vulva/on her hunkers.

Increasingly known as the Irish Goddess of Sexuality, Síle na Gig inspires you to recognise that claiming your sexual energy is vital. Your holistic nature includes naturally incorporating your ecstatic power into all that you are.

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## 10

### **Goddess Tlachtga** **FORGIVENESS**

Tlachtga's (Clock -ta) Druid father and a Sorcerer used her innocence to amass all the healing knowledge of the world. Wisely she refused to share so they imprisoned her where she was raped. Tlachtga escaped home to Meath's Hill of Ward where she gave birth to her 3 sons and died as she forgave the men.

You too can be reborn after trauma, as Tlachtga is every Samhain ('Sow-ann'), the Celtic New Year. She shows you how to overcome huge challenges and live on stronger and wiser than before, as we celebrate her Fire Festival, known as Hallowe'en, still today.

**An Cailleach****Wisdom**

The Cailleach (Cal-yack) is the oldest of the triple Celtic Goddesses representing the Crone with the Maiden and Mother. Her Gaelic name means wise Elder and she is also referred to as the Hag or Grandmother. She is a powerful presence and a formidable energy indeed.

When you need wise counsel, the Cailleach's way of talking to you through your dreams or meditative 'knowing' is quite direct but always from a loving and compassionate place. No need to fear growing older, she leads the way with a formidable energy and a practical approach to your older years no matter your current age.

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**Goddess Boann****Flow**

After a secret love tryst with the God Dagda in Newgrange's womb-like Cairn, Goddess Boann returned to her husband and wished to receive the wisdom of the sacred Well of Segais. Although forbidden, she peered within and the water responded as both intertwined to form the River Boyne.

Boann will inspire you to power ahead when you are told you 'are not allowed to do something'. She teaches you to instinctively know what you can claim as aligned in your favour - to know what to pursue wisely. You live in an age where you can take your place in the world, equal but different to your menfolk.

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**13**

## **Macha**

### **Power**

Goddess Macha kept her otherworldly skills private until her proud human husband boasted to the King that she could run faster than his horses. As her pleas went unanswered, pregnant Macha had to run winning the race. Before dying, cradling her twins, she cursed the warriors to experience the pangs of childbirth in battle. From then she was honoured at Emain Macha's Sacred Site every Lughnasadh.

Sometimes you are forced to do what you do not want but Macha shows that you will find the strength to do so. She also gives you permission to express righteous anger when appropriate and receive the inevitable appreciation when it follows.

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**14**

## **The Triple Spiral**

### **Growth**

The Triple Spiral is a complex ancient Celtic symbol and its earliest creation dates to the Neolithic era, where it can be seen at the entrance of the Sacred Site of Newgrange. In energetic terms, it is in constant inward and outward motion symbolising growth, action, cycles and progress.

For you as a woman, the three arms signify the key phases of life – your youthful Maiden maturing to your nurturing Mother growing older to your wise Crone stage. The triple Spiral also represents your life-death-rebirth, mind-body-spirit, and past-present-future cycles.

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## The Full Moon

### Luminosity

If Grandmother Moon is more than 98% illuminated it is often difficult to tell the difference between a Full Moon and the last stage of her Waxing Gibbous or the beginning of her Waning Gibbous phases. Many women find that their Moontime cycle peaks now - either ripe to conceive or shedding menstrual blood.

The Full Moon in greatest radiance can reflect a time of ripeness for you. Under her watchful gaze, you too may feel expansive and burgeon. Perhaps your 'Moontime' cycle synchronises with the women you work or live with, in this well-known unique phenomenon.

